

















# March 2010 EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>March Quote: This year's at the spring And day's at the morn; God's in his heaven- All's right with the world! <i>Source: Robert Browning</i></p>	<p><b>1</b> 8:30-9:30 Aquacise</p>  <p>10 Fry's</p>	<p><b>2</b> 9-11 GVT HCC Blood Pressure Clinic 9:30 Artist's Group 10 Albertsons 1:30 Mah Jongg</p>	<p><b>3</b> <u>9 Groundbreaking Event</u> 11:15-12:15 Tai Chi 1-2 Dr. Foerster-speaking on Orthopedics GVT HCC 5:15 Mesa Art <i>Drowsy Chapperone</i></p>	<p><b>4</b> 10 Safeway/Walgreens 1-2 Dr. Sheltelman- neck pain seminar GVT HCC  7:00 Mexican Train</p>	<p><b>5</b> 8:30-9:30 Acquacise 4pm Happy Hour</p>	<p><b>6</b> <i>Birthstones: Bloodstone Aquamarine</i></p>
<p><b>7</b> 10:30-1pm BRUNCH</p>  <p><b>Movie Night</b> 3:00 pm 4:30 AZ Bway Cats</p>	<p><b>8</b> 8:30-9:30 Aquacise</p> <p>10 Fry's</p>	<p><b>9</b> 9:30 Artist's Group 10 Albertsons 1:30 Mah Jongg</p>	<p><b>10</b> 11:15-12:15 Tai Chi</p>  <p>1-2 Dr. Flynn- skin care seminar GVT HCC</p>	<p><b>11</b> 10 Safeway/Walgreens  5 Dinner Out w/ Tamara Carrabas  7:00 Mexican Train</p>	<p><b>12</b> 8:30-9:30 Acquacise  9:15 Shopping: Az Mills &amp; Ikea  4pm Happy Hour</p>	<p><b>13</b> <i>Flower: Daffodil</i></p>
<p><b>14</b> 10:30-1pm BRUNCH</p>  <p><b>Movie Night</b> 3:00 pm</p>	<p><b>15</b> 8:30-9:30 Aquacise</p>  <p>10 Fry's</p>	<p><b>16</b> <u>9am Break. w/ Bhakti</u> 9:30 Artist's Group 10 Albertsons 1:30 Mah Jongg  11:30 ST. Patricks Day Party-Car Show and BBQ @ GVT (bus comes at 1115)</p>	<p><b>17</b> 11:15-12:15 Tai Chi</p> 	<p><b>18</b> 10 Arrowhead Mall <u>2pm Brain Fitness</u>  4 John Sybenga Travel</p>  <p>7:00 Mexican Train</p>	<p><b>19</b> 8:30-9:30 Acquacise</p>  <p>4pm Happy Hour</p>	<p><b>20</b> 9:30 Renaissance Festival (need a minimum of 5 signed up to go to this event)</p> 
<p><b>21</b> 10:30-1pm BRUNCH</p>  <p><b>Movie Night</b> 3:00 pm</p>	<p><b>22</b> 8:30-9:30 Aquacise 10 Fry's</p>	<p><b>23</b> 9:30 Artist's Group 10 Albertsons  1:30 Mah Jongg</p>	<p><b>24</b> 11:15-12:15 Tai Chi</p>  <p>5:30 Depart 3 Redneck Tenors</p>	<p><b>25</b> 10-11 Dr. Wolokolle Seminar Good Nutrition GVT HCC  7:00 Mexican Train</p>	<p><b>26</b> 8:30-9:30 Acquacise 10-12 Fall Prevention Seminar (La Vita)</p>  <p>4pm Happy Hour</p>	<p><b>27</b></p>
<p><b>28</b> 10:30-1pm BRUNCH</p>  <p><b>Movie Night</b> 3:00pm</p>	<p><b>29</b> 10-11 Dr. Burns- Oral Health Seminar GVT HCC</p>	<p><b>30</b> 11:30- 1:30 BBQ Anniversary</p> 	<p><b>31</b> 11:15-12:15 Tai Chi  5 Passover Dinner @</p>  <p>GVT</p>			<p><b>CONTACT ACTIVITIES</b> Alesha Walker 236-3741 Terry Wallace 236-3740</p>

